



Western Outdoor Times

FREE

Arizona Boating & Watersports™



June-July 2010

BOATING CAMPING FISHING HUNTING RVING WATERSPORTS

WATER!

'It's What's For Summer'

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PHOTO BY CLARK LITTLE

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Water, Water Everywhere: Enjoy!

THE ZEN OF PARASAILING

'It's Certainly Big In Arizona'

By Mary Syrett

It begins in my dreams. I race along the beach, flap my arms furiously, and, before I know it, I'm aloft, high over water, feeling weightless and euphoric. Then I wake up.

Only now, I'm closer to making my dream become a reality — because I've taken up parasailing, which is one of the fastest growing sports around. It's certainly big in Arizona.

Although parasails launched from land have been around for 30-plus years, with the swing in the boat market toward multiple sporting activities, increasing num-

bers of people are out to enjoy themselves high over water.

If you've ever been to a beach resort, you've probably seen parasails lifting riders skyward. All around the Caribbean, as well as off the Atlantic, Pacific, and Gulf coasts, as well as many inland lakes, more and more brightly colored 'chutes can be seen. If you've never parasailed, the freedom of flight awaits you.

History

In 1961, Frenchman Pierre Lemoigne modified a round parachute to allow it to ascend when pulled behind a car. This ac-

tivity was called "parascending"; it was developed to help train novice parachutists by towing a modified parachute to a suitable height and then releasing it.

Shortly thereafter, the Pioneer Parachute Company of Manchester, Conn., began manufacturing this modified parachute design and marketing it under the trade name "Parasail."

In 1962, parascending took a turn in another direction when an individual wearing a modified parachute was towed behind a boat and then soared off into the wild blue yonder. The participant was strapped into a body harness and given instructions to run along the beach while a towboat lifted him aloft. This activity in time became known as "parasailing."

Before descending, the parasailor was signaled to maneuver the parasail over the beach in preparation for a landing. The descent, however, was oftentimes fraught with danger.

In 1971, Mark McCulloh, an inventor, took the lead in setting parasail industry standards for safety and operations. His most well-received invention, the "self-contained winchboat," using a body harness, helped expand the commercial parasailing industry by offering increased safety and efficiency.

McCulloh was approached in 1992 by Orlando's Walt Disney World to consider operating a parasailing concession on EPCOT Center's Bay Lake. In 1994, he



signed a contract with Walt Disney to do precisely that.

Requirements For Parasailing

Almost any boat capable of pulling multiple water-skiers at 30-plus miles per hour can be used to pull a parasailor. Some enthusiasts have reported success using 50 to 75 horsepower engines; however, to fully enjoy parasailing, it is recommended that a boat be equipped with an engine of at least 100 hp.

The take-off and flight areas should be clear of obstructions, including trees and power lines. Also needed are a skilled driver and observer.

How To Parasail

A preflight inspection of all the necessary gear insures flight readiness. Take-off should be into the wind, not exceeding 15 mph. The flyer must wear a life vest. When all is ready, he or she steps into the harness and hooks into the parasail. With the help of a launch crew, the boat idles out until the towline is completely extended.

The flight crew holds up the canopy of

See PARASAILING on page 17



Safe Boating Week Celebrated At Pleasant, Havasu

By Rose and Ron Werner
Phoenix Sail & Power Squadron

In May, we experienced great safety adventure at two Arizona lakes — one at Lake Pleasant for Arizona and the other at Lake Havasu for Arizona, California, and Nevada.

The Sail & Power Squadron, the Coast Guard Auxiliary, and the Arizona Game & Fish Department all had a presence at the lakes.

The trained vessel inspectors got out at the boat ramps to give the boats entering the water a free boat inspection (without citation). This gave participating boaters a chance to see potential problems (before there was a real problem on the water).

And, by the way, although it continues



CENTERPIECE — At the recent Tri-State Boating Safety Fair at Lake Havasu, the main safety message concerned the importance of life jackets. The same day, the same message was being given at Arizona's Safe Boating Celebration at Lake Pleasant: "Just Wear It!"

to amaze us, the newer boats are just as prone to issues as are the older boats.

Here are a few things we look for when we inspect the boats:

1. The numbering on the side of the boat
2. The registration. (This must match the boat.)
3. Personal flotation devices (PFDs)
4. Vessel distress signals
5. Fire extinguishers
6. Ventilation
7. Backfire flame arrester
8. Sound-producing device
9. Navigation lights
10. Pollution placard
11. Marpol trash placard

See SAFE BOATING on page 17

BOAT OF THE MONTH

One of the many boats available to Bartlett Boat Club members is the Malibu VLX Wakesetter (a sister ship is shown here). This craft is a not-so-secret weapon. It makes world-class athletes better. Imagine what it can do for you! The Wakesetter VLX is the official tow boat of Wakestock and WakeWorld.com as well as the personal boat of pros such as world champions Phillip Soven, Dallas Friday, Chad Sharpe, Brian Grubb, and Kevin Henshaw. Hard-core riders will appreciate the optimized V25 wake hull, the Malibu Launch System (MLS), and the Ballast Monitoring System (BMS) that can maximize your ride. Add the all-stainless patented power wedge or traditional wedge for increased vertical performance. *Note: There are several open dates for this wakeboat at Bartlett; call (480) 221-5737 re: the Bartlett Boat Club or rental opportunities.*



New Boat Rental Facility Opens at Wahweap Marina

NEW AT WAHWEAP — Opened at the beginning of June, the new Lake Powell Resorts & Marinas floating boat rental facility at the Wahweap Marina in Glen Canyon National Recreation Area is state-of-the-art and is expected to greatly improve the boat rental experience for all customers. Wahweap Marina on Lake Powell provides a variety of boat rental options including houseboats, powerboats, personal watercraft and kayaks. A new marina store and coffee bar are also part of the project. For more information, call (888) 486-4665 or visit www.lakepowell.com. Lake Powell Resorts & Marinas, managed by ARAMARK, is an authorized concessioner of the National Park Service, Glen Canyon National Recreation Area.



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LOST?

Stay Put. 'We'll Be There Shortly'

By Mike Wallace
Superstition Search & Rescue

I can imagine the feelings of hope that would be felt at the sight of a helicopter flying the horizon. I can visualize a frightened figure screaming and running with arms waving high in a desperate attempt to capture the attention of this distant help.

I can imagine the loneliness that would be felt as the sounds of the rotors cutting the air they ride on fade into silence. Picture with me a dry, swollen tongue and sticky mouth, legs that are failing from walking and attitude now approaching careless — care being dulled by violent swings of emotion and fatigue. Imagine with me for a moment the tears that would be shed during the final moments of conscious thought.

Imagine the sight of a figure curled under a bush in the dark and the many painful thoughts that would haunt this person; many would burden heavy. But, one

would be troubled the most by, "Why didn't I?"

If Only ...

Each rescue I have been involved in has caused me to ask a similar question, "If they only would have..." I have observed far too many tragic consequences that could have ended differently if they "would have only..."

Thousands of people are lost or injured yearly. In the last issue of *Arizona Boating & Watersports/Western Outdoor Times*, we began a series of articles in an attempt to teach and educate. The first article in this series was on preparation the first of five basic principles of survival.

In the months coming we will attempt to teach the remaining four: fear management, hydration, body-core management and skills on how to be found. All the principles of survival work in unison. If one is disregarded, the other becomes inefficient and the potential for tragic outcome increases dramatically.



HELO HELP — Hope quickens when a lost person sees a helicopter on the horizon. Rescue is now probable, but only if...

I would like to make it very clear that life is the responsibility of its owner and with that responsibility comes an obligation to educate and to manage your actions. I will introduce you to the basic concepts of surviving a wilderness crisis. You are responsible for acting on and further magnifying what you have learned. For now, I would like to skip to the last principle of survival: "how to be found."

First, A Search Area

When a rescue team is paged for a rescue mission, one of the first things that must be established is a search area. This area is established based on many things.

The first and most obvious is "point last seen" or "point last known." Other facts that are considered are the physical condition and abilities of the individual or individuals.

But, one of the most important facts is the time that has passed. This critical information is vital to establish an accurate search area.

An average healthy person can walk two to two and half miles an hour. If 10 hours have passed, a search area of ap-

See LOST on page 19

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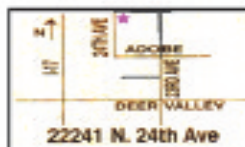


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KNOW BEFORE YOU GO

Refreshen your boating safety knowledge

Carbon Monoxide Poisoning

Carbon monoxide is a colorless, odorless, tasteless gas that is very toxic even in small quantities. It is produced when a carbon-based fuel, such as gasoline or diesel, is burned. Cooking ranges, heaters, and charcoal grills produce carbon monoxide also.

Carbon Monoxide Kills!

- ◆ Carbon monoxide disperses freely through the air and will travel readily throughout a boat.
- ◆ Carbon monoxide discharged as engine, generator, or appliance exhaust may re-enter your boat through any opening.
- ◆ By keeping a steady flow of fresh air moving through your boat, you will eliminate much, if not all, of the hazard. The danger comes when there are pockets of stagnant air loaded with carbon monoxide that are not flushed from your boat.
- ◆ When operating any type of watercraft, be careful running downwind because exhaust gases may blow back on board.
- ◆ The best prevention for carbon monoxide poisoning is knowing that carbon monoxide exists.
- ◆ Everyone should know the symptoms and treatments of carbon monoxide poisoning.
- ◆ A marine-type carbon monoxide detector will sound an alarm when the gases reach an unacceptable level.

Symptoms of Carbon Monoxide Poisoning

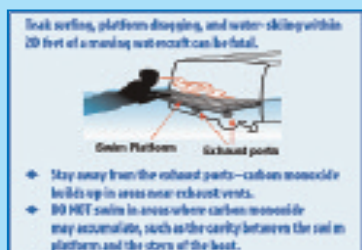
One or more of the following symptoms may signal the adverse effects of carbon monoxide accumulations:

- ◆ Throbbing temples
- ◆ Inattentiveness or lack of concentration
- ◆ Inability to think coherently
- ◆ Ringing in the ears
- ◆ Tightness across the chest
- ◆ Headache, drowsiness, nausea, dizziness, fatigue, vomiting, collapse, and convulsions

For additional information, read *Boater Protect Yourself from this Silent Killer! Carbon Monoxide*, a brochure produced by the Arizona Game and Fish Department that is available by contacting your nearest Arizona Game and Fish Department office at (623) 236-7235.

Treatment of Carbon Monoxide Poisoning

Evacuate, ventilate, investigate, and seek medical help.



Statewide Boating Education Classes

June 2010

Host	Date and Time	Location	Cost	Registration
Arizona Game and Fish Department	June 22 & 24 8 a.m. - 5 p.m. (Must attend both)	Arizona Game and Fish Mesa Office 7200 E. University Drive Mesa	\$5	(623) 236-7235
U.S. Coast Guard Auxiliary	June 26 8 a.m. - 5 p.m.	Cabela's Outfitters 9380 W. Glendale Ave. Glendale	\$30	(602) 559-1440

July 2010

Host	Date and Time	Location	Cost	Registration
Arizona Game and Fish Department	July 6 & 8 5:30 p.m. - 9:30 p.m. (Must attend both)	Arizona Game and Fish Department 5000 W. Carefree Highway Phoenix	\$0	(623) 236-7235
Arizona Game and Fish Department	July 10 9 a.m. - 5:30 p.m.	Arizona Game and Fish Tucson Office 555 N. Greasewood Road Tucson	\$0	(520) 883-2752
Arizona Game and Fish Department	July 10 8 a.m. - 5 p.m.	MWR Rentals Building #70914 NE corner of Irwin & Hunter Streets Fort Huachuca	\$0	(520) 533-6707
Arizona Game and Fish Department	July 10 9 a.m. - 5 p.m.	Marine Max NE corner of McClintock and Broadway Tempe	\$8 per family	(480) 967-4141
U.S. Coast Guard Auxiliary	July 17 8 a.m. - 5 p.m.	Water Safety Center at Contact Point 1801 Highway 95 Lake Havasu City	\$5 per family	(928) 680-0359
Arizona Game and Fish Department	July 17 8 a.m. - 5 p.m. (Arrive 10 mins early)	Roosevelt Lake Patrol Substation Mile Post 243, State Route 188 Lake Roosevelt	\$5 per family	(928) 467-2515
Arizona Game and Fish Department	July 20 & 22 6 p.m. - 10 p.m. (Must attend both)	Arizona Game and Fish Mesa Office 7200 E. University Drive Mesa	\$8 per person	(623) 236-7235
Arizona Game and Fish Department	July 24 8 a.m. - 5 p.m.	Arizona Game and Fish Department 5000 W. Carefree Highway Phoenix	\$0	(623) 236-7235
Arizona Game and Fish Department	July 24 8 a.m. - 5 p.m.	Patagonia Lake State Park Sonoita Creek Visitors Center 400 Patagonia Lake Road Patagonia	\$0	(520) 287-2791

OUI: Alcohol & Drugs

Arizona law prohibits anyone from operating a power-driven vessel while under the influence of alcohol or any drug that causes the person to be even slightly impaired. Alcohol and drugs cause impaired balance, blurred vision, poor coordination, impaired judgment, and slower reaction time. Alcohol contributes to about one-third of all fatal boating accidents nationwide.

- ◆ A person is considered to be operating under the influence (OUI) of alcohol if he or she has had an alcohol concentration of 0.08% or greater as determined by a test of his or her breath, blood, or urine. "Extreme OUI" is blood alcohol concentration (BAC) of 0.15% and higher.
- ◆ If convicted of OUI or "Extreme OUI," a person can be fined up to \$2,500 and jailed for up to six months. Subsequent convictions and "Aggravated OUI" may carry even more severe penalties.
- ◆ By operating a vessel on Arizona waters, you have consented to be tested for alcohol or drugs if arrested by a law enforcement officer for alleged violations under Arizona Watercraft Statutes.

The best thing you can do for your safety and the safety of other boaters is simple...

Don't drink and boat!



This information brought to you by:
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We thank those who are called to walk in memory of the thousands who have died on The Migrant Trail as they struggled to reach a chance for a better life for their families. Each year, a multi-cultural group walk together — 75 miles from Sasabe, Sonora, Mexico, to Tucson, Arizona — on a journey of peace to remember them, carrying crosses with the names of some who have perished in the harsh borderlands. "The Migrant Trail—We walk for life." (<http://www.derechoshumanosaz.net/>)

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News From Boat U.S.

HOW OLD ARE YOUR CHARTS?

New Website And Boater Survey Tackle Growing Problem

Outdated Charts Give Boaters False Sense Of Security

Nautical charts, whether paper or electronic, can become quickly outdated as storms and currents alter waterway topography or aids to navigation change with little warning.

That's why Boat Owners Association of The United States (BoatUS), the United States Power Squadrons, and several other organizations have teamed up with NOAA to create www.Allianceforsafenavigation.org, whose goal is to help ensure boaters have the most current chart data available every time they head out.

The Alliance is asking boaters and anglers to take a short, three-minute online survey that inquires about the navigation



BoatUS

AN IMPORTANT QUESTION — Do your charts have the latest information with the most recent updates? Nautical charts, whether paper or electronic, can become quickly outdated as storms and currents alter waterway topography or aids to navigation change with little warning. There is now a way to check.

products used aboard their boats. The survey, located at www.surveymonkey.com/s/PDGX3MK, is completely anonymous and the group will use the results to improve awareness and availability of chart updates for recreational boaters.

In addition, boaters can go to www.Allianceforsafenavigation.org and enter the numbers of their most commonly used charts and instantly see a list of all the changes for that chart since the last print date. "I think some boaters and anglers will be surprised at the number of updates posted for their home waters," said Elaine Dickinson of BoatUS.

"Many skippers don't realize that even though they have a GPS and a chartplotter, the electronic charts in their receiver may be just as out-of-date as their paper charts," continued Dickinson.

"Fortunately, updating is easier than ever with print-on-demand charts and free NOAA downloads available. Manufacturers of chart products also have update subscriptions to alert their customers when a new edition is released," she added.

To see the full selection of NOAA navigation products, go to www.nauticalcharts.noaa.gov/staff/chartspubs.html. Founding members of the Alliance for Safe Navigation include BoatUS, US Power Squadrons, OceanGrafix, Jeppesen Marine and Sea Tow Foundation.

Nominations Sought For BoatUS Recreational Boating Access Award

With boaters in some parts of the country continuing to have a hard time gaining access to the water, the nation's largest boat owners group, BoatUS, wants to honor model waterway access projects. The fourth annual **BoatUS Recreational Boating Access Award** is designed to help spread the word about these successful initiatives.

With nominations now open until Oct. 1, the BoatUS Recreational Boating Access Award recognizes those individuals or groups who have succeeded in preserving or improving public waterway access.

"Ultimately, boating access is a local issue and this award recognizes those advocates across the U.S. who are succeeding in reversing the trend towards declining waterway access," said BoatUS President Nancy Michelman. "We'll share those success stories with others so that they may also learn how to preserve or improve boating access in their area."

Waterfront residential development, regulatory red tape, increased taxes, poor land-use planning and restrictive zoning are just some of the factors contributing to the decline of waterway access for recreational boats.

See **NOMINATIONS** on page 5

Six Boating Safety Tips From BoatUS Boating Season Now In Full Swing

On waterways across the country, boating season begins this week. To help boaters and anglers brush up on their boating safety, the BoatUS Foundation has these six tips:

1) Life jackets: Ensure that you have enough life jackets to fit everyone aboard — including the kids. Next, ensure all are in good condition and easy to reach. Inflatable life jackets need to be opened, inspected, inflated manually and have their CO2 cartridge checked. For more information on the requirements go to www.BoatUS.com/foundation/guide/equipment.html.

2) VHF radio: If you don't have one, you may be taking an unnecessary risk. A cell phone won't summon the closest potential rescuers — your fellow boaters or anglers — and today a VHF radio can be purchased for as little as \$100. If you have a handheld VHF ensure the battery is charged. "Digital Selective Calling" VHF radios need to be registered and an MMSI number issued to the boat in order to gain all of their superior safety benefits such as a one-button mayday feature. For a VHF radio tutorial, go to www.BoatUS.com/mmsi.

3) The anchor: Unlike a car, a boat never stops moving, even in an emergency. Having an anchor and rode in good condition with the bitter end firmly secured to the boat will prevent drifting and give you time to think things through and make it easier for others to find you. To help you select an anchor, go to — www.BoatUS.com/foundation/guide/navigation_30.html.

4) Inventory and review all safety gear: Double-check to ensure you have all of the mandated safety gear such as signaling devices and fire extinguishers, as well as other safety gear, such as GPS and updated charts. It's also a good idea to brief your guests and crew on where the important items are located — such as fire extinguishers — and how to use the VHF radio. Check out trip planning information at — www.BoatUS.com/foundation/guide/trip.html.

5) Get a Vessel Safety Check: A free vessel safety check from the US Coast Guard Auxiliary or US Power Squadrons is easy to arrange and can help you identify potential safety issues aboard your boat. Go to www.Safetyseal.net to find an examiner near you or to take a "virtual" vessel safety check.

6) File a float plan: Before you leave home, tell someone where you are going and what time you are expected to return. This person should be able to go to the authorities if you fail to check back in by a certain time. A sample float plan can be found at — www.BoatUS.com/seaworthy/floatplan.pdf.



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Get More Oomph From Your Rig

By Louie Stout
Bassmaster.com

Few things are more aggravating than having another bass boat of similar horsepower blow by you while you're running down the lake.

Skeeter Boats pro-staffer Harold Allen is one of those guys who is likely to go around you. He's been driving bass boats since the early 1970s and has learned a few tricks to help squeeze a few more miles per hour out of his rig.

"Speed isn't affected by one thing but by a combination of factors," he explains. "They may only get you another 1 to 3 miles per hour, but on a long run down the lake, that can make a difference in whether you get to a hot spot first and how many more casts you make. It all equates to being a more efficient angler."

First and foremost, he adds, you've got to understand a boat's hull design and weight. Some boats make excellent fishing platforms but aren't as efficient when it comes to top-end speed and fuel economy.

"There are boats that run extremely fast on slick water, but when you put them in a rough-water fishing situation they aren't the optimum choice," he says.

Here are some of the basic steps Allen

recommends you do to gain a few extra miles per hour:

Load the boat properly: Put all the heavy gear in the back of the boat. That includes soft plastic lures, tools and anchors. "You may lose a little in the holeshot, but the boat will use less energy for forward propulsion, which equates to speed and better fuel economy," he adds.

Empty the livewells: You'll be shedding weight and gaining horsepower.

Remove boat seats: It makes a difference, says Allen, as he discovered in the 1990s when he removed the two butt seats from his 19-foot Skeeter rigged with a 150-horsepower Yamaha. "I gained a full mile per hour with the seats down lying in the floor," he offers. "You wouldn't think there would be that much wind drag from the seats, but there is."

Don't over-trim: Allen says there are times when you can get more speed from a lower RPM (with the motor trimmed lower) than you can with the motor trimmed up and a higher RPM. "Just tweak it a little and watch the GPS speed," he says. "Those things are pretty darn accurate and can help you find the best trim spot."

Note: This story continues at
www.azbw.com

NOMINATIONS

Continued from page 4

"Some municipalities are levying hefty tax hikes for marinas. Boat clubs and repair yards are often assessed at highest-use tax rates, which can be the last nail in the coffin for a marina. Some marina operators simply give up after being stymied for years by miles of red tape required to get a permit to dredge, maintain or expand docks," added Michelman.

Judges will look at four criteria: **First**, the challenges faced in retaining or increasing access in an area; **Second**, the direct impact or measurable results of the solution; **Third**, the level of success in increasing awareness of the importance

of boating access to a community and; **Fourth**, "repeatability," the ability to use the successful approach as a model for other areas.

Examples of solutions could include creative public/private partnerships, changes in land-use planning or permitting processes, tax incentives, legislation or public ballots, publicity or public education. Eligible activities must have been undertaken in the last three years.

The deadline for applications is Oct. 1, and winners will be announced by October 31. For more information or a look at previous winners, go to www.BoatUS.com/gov/AccessAward. Previous entrants are asked not to reapply.

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Prescribed Fires Planned Near Globe Through End Of Year

Globe, Ariz. — Two prescribed fire projects will be conducted by Globe Ranger District fire management specialists on the Tonto National Forest, from June through the end of the year. The projects target approximately 6,000 acres north of Globe in the Sevenmile Wash area, and 400 acres on Pinal Peak.

"The purpose of these prescribed fires is to reduce the hazardous fuels in these areas and lower the chances of catastrophic fire, which could burn onto private land and endanger valuable electronic sites and private property. The prescribed

fires will also help promote a healthier forest and watershed," said Rick Reitz, Globe district ranger.

The Sevenmile Prescribed Fire will treat approximately 6,000 acres of grass and brush vegetation. The Pinal Mountain Prescribed Fire will treat approximately 400 acres of ponderosa pine and mixed conifer vegetation. "These projects help restore the natural role of fire in these areas," stated Fire Management Officer Quentin Johnson.

Years of planning and preparation have been completed for these projects, result-

ing in a prescribed fire plan that will safely treat the overgrown vegetation in these areas. Burning dates will depend on weather conditions and availability of fire management specialists to safely conduct the burns.

Area residents and visitors can expect to see smoke from these prescribed fires, which at times may become moderately heavy. For more information, please contact the Globe Ranger District at (928) 402-6200, or visit the Tonto National Forest Web site at <http://www.fs.fed.us/r3/tonto>

Maricopa County Parks' Fire Ban Implemented

The Maricopa County Parks and Recreation Department initiated its annual fire ban beginning Tuesday, June 1. "The vegetation in the parks dried out quickly this spring and, not unlike previous years, this has left the parks with a large quantity of ground coverage that could easily catch fire," said Maricopa County Supervisors' Chairman Don Stapley.

"As a precaution, the annual fire ban [was] after Memorial Day weekend. The fire ban includes the use of campfires, fire pits and charcoal grills. With the recent passage of House Bill 2246, the Fireworks Bill, we also want to make sure that the public knows that the use of ground and hand-held fireworks are also banned within park boundaries. However, it is still acceptable to use gas/propane grills in designated areas,"

Stapley added.

A fire ban is initiated to limit the possibility of starting a brush fire, which could cause serious damage to the parks. Violation of this park rule, Rule 113, may result in a citation. A date to lift the fire ban has not been designated and will be determined by the amount of rain Maricopa County receives during the monsoon season.

There are 10 Maricopa County parks affected by the fire ban: *Lake Pleasant Regional Park, White Tank Mountain Regional Park, Adobe Dam Regional Park, Buckeye Hills Regional Park, Estrella Mountain Regional Park (excludes turf area), San Tan Mountain Regional Park, Usery Mountain Regional Park, McDowell Mountain Regional Park, Cave Creek Regional Park, and Spur Cross Ranch Conservation Area.*

Smoking in the parks is still permissible, but all park users are strongly encouraged to be responsible in their use and ensure that all cigarettes are properly extinguished and placed in trash receptacles.

If you have any questions regarding the fire ban, call the Maricopa County Parks and Recreation Department at (602) 506-2930, or visit www.maricopa.gov/parks.

Game And Fish Sets Fire Restrictions At Some Wildlife Areas

If you are visiting the state's diverse outdoors this summer, keep in mind that some agencies have implemented fire restrictions, including the Arizona Game and Fish Department.

For the latest updates on fire restrictions in Arizona, visit the Public Lands Information Center at <http://www.publiclands.org/firenews/AZ.php>.

The Game and Fish Department has implemented restrictions at —

- Alamo Lake Wildlife Area
- Aravaipa Wildlife Area
- Arlington Wildlife Area
- Base and Meridian Wildlife Area
- Colorado River Nature Center Wildlife Area

- Mitty Lake Wildlife Area
- Powers Butte Wildlife Area
- Quigley Wildlife Area
- Robbins Butte Wildlife Area
- Three Bar Wildlife Area
- Upper Verde Wildlife Area

In those affected wildlife areas, no open fires are allowed — including charcoal-burning barbecues. Smoking, except within an enclosed vehicle, is prohibited. However, you can still use gas and propane stoves, lanterns or heating devices.

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LIGHT LINES

FISHING IN ARIZONA AND BEYOND



Fishing With Rattlesnakes On The John Day River

Greetings to everyone from Len's Guide Service:

In 20 years of fishing the Middle/Upper John Day River, Ore., I can honestly say that I have never encountered a venomous snake (pit viper) within the riverbed. However, as I tell my clients, go outside the riverbed and that can be a very different story.

Obviously, just because I have never come across a venomous snake in the river, does not in any way mean they are not there. In fact, I always remain vigilant and on the lookout, knowing that I'm simply overdue for my first encounter.

The way I look at it, Oregon, venomous snakes and the outdoors will always go hand in hand.

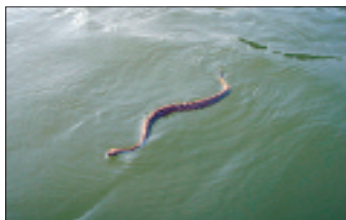
So, I wasn't too surprised when I observed a juvenile rattlesnake headed across the river while I was in my kayak flipping a jig for bass.

I continued fishing. However, I couldn't help notice the rattler had changed its course and was headed straight for my kayak.

At this point, I'd pretty much quit fishing and had my attention focused on the intentions of this potentially pesky pit viper.

While tracking the rattler's movement, I couldn't help but think, from a fish's point of view, how enticing the serpentine motion of this snake looked while in the water.

Suddenly, I was jolted back to reality by the fact the rattler was now alongside my



kayak, lifting its head out of the water in an apparent attempt to come aboard.

I thought: "No way I'm having this ill-intentioned reptilian hitchhiker nosing around the kayak." So, with a couple whacks of the paddle, it became as docile as can be.

Now my mind began to wonder: "Hmmm. This rattler looks like mighty good big bass bait!"



I put him in one of the footwells on the kayak and paddled over to a series of submerged river laydowns so I could begin to put my plan into action. (Here is my "Superstar" getting warmed up in the bullpen.)

"Put me in, Coach!"

I cautiously rigged the snake by hooking it through the bottom of the jaw and through the top of the head onto a weedless black 3/4 oz. jig. On my sixth cast into the



snag-infested laydown, my jig-'n-snake combo was destroyed on the fall as indicated by a telltale "thump" that reverberated all the way down my rod blank. I set the hook hard and immediately felt stiff resistance on the other end from what I knew was a solid fish.

What happened next is something I'll likely never forget as I watched my bass come cartwheeling out of the water with the rattler hanging out of its mouth!

The LMB gave a really good account of itself, and I eventually got her alongside the kayak. I cautiously checked the opposite side of the cavernous mouth where the fish was hooked.

I now took a moment to pose with my

See **RATTLESNAKES** on page 17

Meeting The Challenge Of Rocky Lakes (Or Not)

By Kim Eldredge
Eatstayplay.com

I'm heading off for a long weekend of camping, fishing, and geocaching today. One of my favorite lakes near Flagstaff is Ashurst Lake. Just looking at the lake, you can tell that it is a volcanic rock depression that was dammed to form the lake. (There are few natural lakes in Arizona.)

Typical shoreline for Ashurst: rocks, rocks, and more rocks! What that means is that the lakebed is full of jagged volcanic rocks that are only interested in one thing: snagging my tackle and dragging it to the watery depths, never to be seen again!

Three Tips For Fishing Rocky Lakes

Tip #1:

You know the feeling: Something just



nibbled your bait and you want to make sure it's still there. In a rocky lake, resist the urge to reel in slowly, thinking of course, that a trout can't resist a moving target.

What happens when you reel in slowly is that your weights and bait are on the

See **CHALLENGE** on page 17



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AT LAKE POWELL

Transition Time Means Tougher Fishing

By Wayne Gustaveson

Warm weather is here. Lake level is rising rapidly. That means transition time and tougher fishing.

Bass fishing has been super all spring. Rising lake levels cover bass habitat and disguise fish-holding spots that have been so obvious at lower lake levels.

Bass fishing is still good, but it will be necessary to fish deeper and more intuitively when bass nests or actual fish can no longer be seen. Structure fishing is a must.

Identify where fish would likely be holding by looking at the landscape. Pick out rock points, rockslides on steep cliff walls and submerged brush for a starting point.

Identify A Pattern

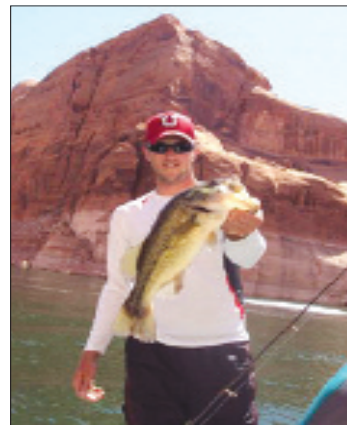
Try to identify a pattern. Bass tend to do the same thing at the same time in many lake locations. Sometimes they will inhabit structure at the intersection of the main channel and a canyon mouth. At other times, they are in the very back of a cove. Fish both areas to determine present location.

When one fish is caught, try to duplicate that in a similar habitat location. It may be that fish are more readily caught at the intersection than in back of the cove.

Smallmouth and largemouth will differ in habitat choice and location. Smallmouth are much easier to catch now, particularly the smaller fish. A single tail plastic grub cast to a submerged island in open water is sure to be eaten by a hungry little bass.

Walleye In The Mud

Walleye fishing is good in the early morning and afternoon. Afternoon winds are common. Find muddy coves and



Gustaveson

MIXED BAG — Jared Mayfield, Copperton, Utah, caught a mixed bag of fish in Lake Powell's Iceberg Canyon. Here he displays a trophy largemouth bass. The best strategy is to fish for a wide variety of species at different times and locations.

pockets where wind blows soil into the lake on a regular basis. Crawl a plastic grub or night crawler on a worm harness slowly along the bottom in 15-25 feet of water to target light sensitive walleye.

Stripers In Spawning Condition

In recent years, the striper spawn has not been so important as many fish were not mature or too thin to develop eggs. This year virtually all of the 3-5 pound stripers are in spawning condition.

This intense focus on spawning means

See TRANSITION on page 15



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Triple-Digit Fidgets Seek Cool Fishing Spots

By Rory Aikens

Arizona Game & Fish Department

This is the leading edge of the triple-digit fidgets when most sane people have an irresistible urge to fish the high cool pines or chill out at night under the stars while wetting a line in our fabulous desert lakes.

Especially during full moons, a perfect time for fishing is at night, using submersible lights in the desert lakes, and an okay strategy for fishing the mountain lakes as well.



Thanks to near-record snow pack in the high country that lingered into late spring, the mountains are lush and green and what's more, the good trout fishing is lingering into these warmer days. The insect reproduction has also been tremendous as well — be sure to carry insect repellent.

The Mogollon Rim lakes are a good bet to catch some nice trout, but expect the campgrounds to fill early. Dispersed camping is available along the Rim for the self-contained adventuresome crowd.

My favorite out-of-the-way Rim lake is Knoll. Also, Bear Canyon is a walk-in lake, so lots of people avoid it. Chevelon Canyon is a hike-in, hike-out lake, without much shore angling, so it also keeps away the crowds (take a float tube).

Big Lake in the White Mountains has three things going for it — it is one of our highest elevation lakes, it is one of our largest and deepest mountain reservoirs, and it has the most trout diversity; cutthroats, brookies, rainbows and Apaches. There are also boat rentals here.

But, it also gets the most fishing pressure as well. Be sure to visit Crescent Lake next door — sometimes it has the best action, especially for brookies.

Another favorite is just down the road — Reservation Lake on the White Mountain Apache Reservation (you'll need a reservation fishing permit). This large, deep lake in the shadow of Mt. Baldy receives only a fair amount of fishing pressure, yet it holds the state record for brown trout.

Like Big Lake, it is also one of our higher elevation reservoirs, making it a great place to experience cooler mountain weather.

A wonderful high-altitude fishery worth visiting is Luna Lake just south of Escudilla Mountain along the border with New Mexico. You might even hear wolves howling at night or see bald eagles swooping down and catching trout.

There should be boat rentals here, but apparently there is a new concessionaire and I haven't heard any reports back from anglers yet.

If you are looking for some fishing diversity and nice camping facilities, try Fool Hollow in Show Low. This lake might be within the Show Low City limits, but this fishery is surrounded by whispering pines that can convince you otherwise while fishing.

Fool Hollow is stocked with trout (re-



ceived some larger ones lately), but also has largemouth bass, smallmouth bass, walleye and channel catfish. A good tactic is to fish at first and last light for trout, then try for bass.

Walleye are light sensitive, so its best to fish for them at last light, or even during the night. By the way, this campground has hot showers.

Another fishery that offers diversity is Willow Springs Lake along the Mogollon Rim. Willow Springs has largemouth bass, smallmouth bass and even crappie. For these warmwater species, the limits are off at this lake — catch and keep all you can to help this trout fishery.

As Fool Hollow, fish at first light for the trout, then switch tactics and work the stick-ups for largemouth bass, or along the rocky shorelines for smallies. The bass will likely be in the spawning mode right now, so you might be able to sight-fish them on the beds.

Looking for a high country lake to use your bass boat? Two suggestions — try Lyman Lake in Apache County between Springerville and St. Johns or Upper Lake Mary near Flagstaff.

Lyman Lake has 1,500 surface acres to explore and fish and there are no boat motor restrictions. It's really a moderately okay bass lake with some walleye, but has a good population of channel catfish.

Take along your water skis. This state park even has cabins and yurts for rent (sorry, no yaks). For more information, contact the park at (928) 337-4441.

Upper Lake Mary (there is a Forest Service special fee area here) doesn't have any boat motor restrictions either. Some of the bass fishing clubs actually hold small fishing tournaments here (typically any fish).

Upper Mary does have some largemouth bass, but right now it's most notorious for its large, toothy pike running from 5 to 20 pounds — or more. Lake Mary also has yellow perch, crappie and

walleye.

This is another lake where you can take along some water skis for when the bite slows down. Sidle next door to Lower Lake Mary and you can catch a trout of two for dinner.

Working farther west near Williams, three lakes worth trying at Kaibab, Dogtown and Whitehorse (all three have camping available). By the way, Kaibab Lake is only about an hour or so drive from the Grand Canyon. Or, maybe catch the Grand Canyon Train in Williams.

Some unusual lakes to try right now are on the Navajo Reservation, especially Wheatfields for trout (cutthroat, browns and rainbows) and Ganado Lake for nice bass. There are no launch ramps, but both of these lakes are okay for car toppers, kayaks, canoes or float tubes.

At Ganado, which is a large-but-shallow

See FIDGETS on page 15



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Those designated areas — the Casting Pond and Lure Tank — allow attendees to test exhibitors' products in a realistic situation. Both areas are open during show hours — from 9 a.m. to 6 p.m. Wednesday, July 14, from 8:30 a.m. to 6 p.m. Thursday, July 15, and from 8:30 a.m. to 3 p.m. Friday, July 16.

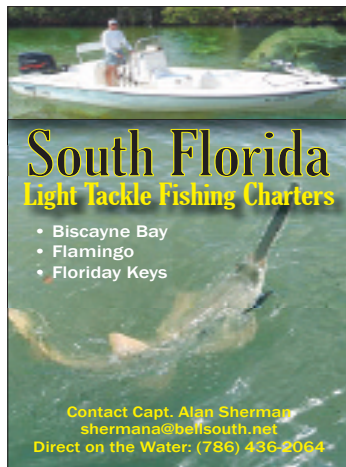
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New this year, ICAST has created another testing area, specifically for lures. You can check out the newest lures while exhibitors demonstrate their features. You'll be able to see the latest in jigs, crankbait, stickbait, topwater, spoon, spinnerbait, soft plastic, rattle bait and more.

See ICAST on page 15



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Margie Anderson, Editor

Game Bag

Write On Target

AZGFD Invests In Next Generation Of Sportsmen

The Arizona Game and Fish is offering \$75,000 in grants to local sportsmen's groups for projects that promote or facilitate hunter, angler, shooter and trapper recruitment and retention. The deadline to apply is Monday, July 12 by 5 p.m. (MST).

The Local Sportsmen's Group Grant Program offers financial assistance to groups that are conducting outreach programs that specifically introduce someone new to the sport of hunting, fishing, trapping, or target shooting or perpetuates someone's existing interest in these activities.

"The recruitment and retention of hunters, anglers, shooters, and trappers is paramount to the perpetuity of wildlife conservation in North America," said Craig McMullen, the department's chief of



wildlife recreation. "This grant program is an investment in local organizations that, day-in and day-out, are teaching these important traditional outdoor recreational pursuits in our communities."

Examples of eligible projects include small-game hunting camps, big-game hunting camps, fishing clinics or camps, trapping seminars, target-shooting clinics

or programs, and educational outreach to promote these traditional recreational activities.

Funds will be awarded through a competitive application process. Multiple awards may be made. To be eligible, a group must — (1) be a local Arizona-based sportsmen's group with a focus on hunting, fishing, shooting or trapping, (2) propose a project that fits the eligibility criteria, and (3) complete the project by June 30, 2011.

Grant dollars cannot be awarded or used for activities such as group banquets, raffle prizes, trophy hunting competitions, for-profit projects, or for the purchase of hunting or fishing licenses, tags or stamps.

McMullen added, "Not only are these outdoor recreationists the stewards of wildlife, [but also] they are the primary

funding source to wildlife conservation. As we become a more urban society, it's our responsibility to invest in the next generation of outdoorsmen and women by supporting these mentoring programs."

To apply, download an application packet from www.azgfd.gov/i_e/local_sportsmens.shtm. Packets can also be obtained by calling Grant Coordinator Robyn Beck at (623) 236-7530.

The deadline to submit applications for Local Sportsmen's Group grants is Monday, July 12, 2010 at 5 p.m. (MST). Three copies of the application and any supporting documents must be submitted.

This grant program is funded by the sale of hunting and fishing licenses and big

See **GENERATION** on page 15

TICK TIME

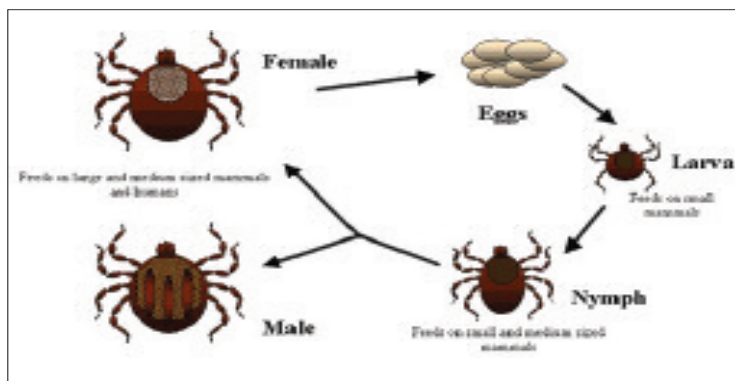
Smother 'Em With Soap

Summer is here, and the ticks are beginning to show their heads. Here is a good way to get them off you, your children, or your pets. Give it a try.

Please forward to anyone with children — or hunters or dog owners, or anyone who even steps outside in summer!

A school nurse has written the info below — good enough to share — and it really works:

I had a pediatrician tell me what she believes is the best way to remove a tick. This is great because it works in those places where it's sometimes difficult to get to with tweezers: between toes, in the middle of a head full of dark hair, etc.



Apply a glob of liquid soap to a cotton ball. Cover the tick with the soap-soaked cotton ball and swab it for a few seconds (15-20); the tick will come out on its own and be stuck to the cotton ball when you lift it away.

(Insects breathe through their skin. This acts to suffocate them.)

This technique has worked every time I've used it (and that was frequently), and it's much less traumatic for the patient and easier for me.

Unless someone is allergic to soap, I can't see that this would be damaging in any way. I even had my doctor's wife call me for advice because she had one stuck to her back and she couldn't reach it with tweezers. She used this method and immediately called me back to say, "It worked!"

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NHF Day Welcomes Sportsman Channel

SPRINGFIELD, Mo. — National Hunting and Fishing Day is proud to announce renewed sponsorship for 2010 by the only television channel with 24/7 programming for hunters, shooters and anglers — Sportsman Channel.

NHF Day: Saturday, Sept. 25.

Congress formalized the annual commemoration in 1972 as a public reminder that conservation depends on funding and leadership from Americans who participate in traditional outdoor sports. Through licenses and special taxes, hunters, shooters and anglers provide most of the program funding for state conservation agencies today.

In turn, results benefit all citizens who appreciate healthy fish, wildlife and habitat.

As part of its sponsorship, Sportsman Channel will help build pride and appreciation for traditional outdoor sports by airing PSAs and encouraging participation nationwide via its social networking sites like Facebook, Twitter and Camospace.

"What we enjoy most about National Hunting and Fishing Day is encouraging our viewers to get outside—and to take someone new to the outdoors with them," said Todd Hansen, senior vice president of Sportsman Channel. "There are so many opportunities with this event and our entire



Robert Lawton
Wonders Of Wildlife Museum

staff looks forward to supporting it every year."

Sponsorships Support WOW Museum

Sponsorships support Wonders of Wildlife Museum, the official home of NHF Day in Springfield, Mo. The facility is developing NHF Day event-planning tools, educational handouts, promotional items, PSAs, communications initiatives and more.

Denise Wagner of Wonders of Wildlife said, "We're pleased that so many of our sponsors support our efforts year after year, and none [has] been more dedicated than Sportsman Channel. This network understands that its audience is rightly proud

See **SPORTSMAN** on page 15

Buy A Ticket; Support Wildlife

To increase your odds of getting a big game tag, and possibly one of a lifetime, take part in the Arizona Big Game Super Raffle. There are 10 special big game tags and every dollar raised for these tags goes directly towards wildlife management projects that benefit that species in Arizona.

Winners will be able to hunt for 365 days almost anywhere in the state of Arizona during the 2010-2011 hunting season. Tickets range from \$5-25. The deadline to get a ticket by mail is July 9. Online ticket sales end on July 11.

The public drawing will be held July 15. For more details, visit www.arizonabiggamesuperraffle.com.



13 Arizona State Parks Campgrounds OPEN; 10 Historic/Environmental State Parks OPEN

Thanks to the extraordinary efforts of rural communities, 13 of Arizona's State "camping" Parks in Arizona will be OPEN this summer and will provide many opportunities for campers.

Ten historic and environmental parks will also be open. State Parks such as Lyman Lake near Springerville, Roper Lake in Safford and Alamo Lake State Park will probably have campgrounds that will not fill to capacity.



Wyatt Earp
Days/Tombstone

Day-use parks such as Red Rock and Slide Rock in Sedona, Tonto Natural Bridge in Payson, Boyce Thompson Arboretum in Globe, Riordan Mansion in Flagstaff, Tubac Presidio, Tombstone ("Wyatt Earp Days"), Yuma Prison and Yuma Crossing will all be open for daytrippers looking for places to explore.

Kartchner Caverns State Park will have some cave tours available, but you should always call in advance. (Only five State Parks are now closed.)



Tonto Natural Bridge

Note Fire Restrictions

There are some fire restrictions around the State, so if you are planning to build a campfire anywhere, be sure to check for fire restrictions at AZfireinfo.com. Remember, if you cause a fire under fire restrictions, it may result in substantial fines and jail time.

To keep your family and public lands safe while camping please follow these precautionary tips:

- Bring a propane stove for cooking/heating rather than using a campfire.
- Carry a shovel in your car and use dirt and FIVE gallons of water for putting out campfires.
- Always make tiny campfires that can be quickly extinguished.
- Only smoke in vehicles or designed campsites and never while hiking.

Northern Arizona State Parks Campgrounds (Call Ahead)

• **Dead Horse Ranch State Park** — (928) 634-5283 — Cottonwood — 150 campsites — fishing, boating (non-motorized), hiking, mountain biking, horseback riding, guided trail rides, campfires in designated fire rings.

• **Fool Hollow Lake Recreation Area** — (928) 537-3680 — 92 hookup sites, 31 campsites, great fishing and swimming. Fire restrictions during windy days. Call ahead regarding campfires.



Red Rock State Park

• **Lyman Lake State Park** — (928) 337-4441 — 61 campsites & four yurts / four cabins, fishing, waterskiing. Campfires in cement fire rings and smoking in vehicles. No smoking while hiking.

Southern Arizona State Parks Campgrounds (Call Ahead)

• **Catalina State Park** — (520) 628-5798 — 125 campsites, hiking, corrals for horses. Charcoal and propane fires only, wood campfires not allowed.



Kartchner Caverns



Buckskin Mountain State Park

Western Arizona State Parks Campgrounds (Call Ahead)

• **Alamo Lake State Park** — (928) 669-2088 — 250 campsites, excellent bass fishing, waterskiing, swimming. Campfires and smoking in designated areas only.

• **Buckskin Mountain State Park & River Island** — (928) 667-3231 — 126 campsites, water sports, cabanas, beach. Campfires in designated grills, no smoking while hiking.

• **Cattail Cove State Park** — (928) 855-1223 — 61 campsites. No wood fires, charcoal for cooking within a campsite or on a grill on the beach. Smoking - campsites and beach only.

• **Lake Havasu State Park** — (928) 855-2784 — 47 campsites - boat launches, great park areas and swimming beach. Campfires in fire-rings call for details, smoking in camp areas, no smoking while hiking.

For more information about the 23 State Parks that are open (two Natural Areas passively managed and five parks closed) statewide hiking opportunities, off-highway vehicle trails, and other outdoor recreational and cultural opportunities in Arizona, call (602) 542-4174 (outside of the Phoenix metro area call toll-free (800) 285-3703) or visit AZStateParks.com. Follow us on twitter.com/AZStateParks.

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[LAND CRUISING]

Arizona State Parks Board Designates 42 New Trails Into State Trails System

The Arizona State Parks Board recently designated 42 trails from across Arizona as newly recognized State Trails System trails, adding more than 101 miles of trails to the State Trails System. Nominations for the State Trails System for next year are due July 1, 2010.

"In every corner of Arizona, the State Trails System helps connect Arizona families with the wonders of the outdoors," said Annie McVay, resource planner for Arizona State Parks. "These new State Trails System trails, built through partnerships with local communities, stakeholders and agencies will create new opportunities for fitness and stewardship, while creating a lasting legacy for our children and grandchildren."

The Arizona State Trails System was established in the 1970s to recognize and promote non-motorized trails that are of special interest or significance to both Arizona's residents and visitors. Trails offer a wide variety of recreation opportunities from numerous federal, state agencies along with local municipalities, tribal lands and land trusts. The System currently contains over 750 trails and is nearing a total of 4,000

miles.

For a list of all trails in the State Trails System and to learn more about the State Trails Program visit www.azbw.com or <http://azstateparks.com/trails/index.html>.

For 2009, the Arizona State Parks Board designated the following 42 trails into the State Trails System (listed by trail name, mileage, and trail manager):

- **Legends of Superior Trail**, 6, Town of Superior
- **Black Canyon Heritage Park Interpretive Trail**, 2, Black Canyon City Community Association
- **Garden Canyon Linear Park Trail**, 4, City of Sierra Vista
- **Juan Bautista De Anza National Historic Trail**, 10.25, Anza Trail Coalition Estrella Mountain Regional Park, consisting of —
 - Coldwater Trail*, 2.9, Maricopa County
 - Gila Trail*, 0.04, Maricopa County
 - Pederson Trail*, 8.7, Maricopa County
 - Baseline Trail*, 2.3, Maricopa County
 - Toothaker Trail*, 3.7, Maricopa County
- **Usery Mountain Regional Park**, consisting of —
 - Moon Rock Trail*, 1.4, Maricopa County
 - Spillway Trail*, 1.2, Maricopa County
 - Ruidoso Trail*, 1.3, Maricopa County
 - County Line Trail*, 1, Maricopa County
 - Crimson Wash Trail*, 1, Maricopa County
 - Amigos Wash Trail*, 1.2, Maricopa County

Levee Trail, 1.6, Maricopa County
Cat's Peak Trail, 3.1, Maricopa County

• **McDowell Mountain Regional Park**, consisting of —

- Dixie Mine Trail*, 5.6, Maricopa County
- Granite Trail*, 3.5, Maricopa County
- North Trail*, 2.9, Maricopa County
- Scenic Trail*, 3.5, Maricopa County
- Bluff Trail*, 2.2, Maricopa County
- Nursery Tank Trail*, 0.3, Maricopa County
- Tonto Tank Trail*, 2.7, Maricopa County

• **San Tan Mountain Park**, consisting of —

- Littleleaf Trail*, 0.7, Maricopa County
- Hedgehog Trail*, 0.9, Maricopa County
- Stargazer Trail*, 0.8, Maricopa County
- Malpais Trail*, 4.2, Maricopa County

• **White Tanks Regional Park**, consisting of —

- Bajada Trail*, 1, Maricopa County

• **Cave Creek Regional Park**, consisting of —

- Flume Trail*, 2.3, Maricopa County
- Slate Trail*, 1.6, Maricopa County

• **Spur Cross Regional Park**, consisting of —

- Metate Trail*, 0.8, Maricopa County
- Dragonfly Trail*, 1.9, Maricopa County
- Elephant Mountain Trail*, 2., Maricopa County

County
Tortuga Trail, 1.2, Maricopa County

• **Williams Valley Trails System**, consisting of —

- Valley Bike Trail*, 2.8, Apache-Sitgreaves National Forest (NF)
- Isolation Trail*, 2.3, Apache-Sitgreaves NF
- Half Moon Trail*, 3.6, Apache-Sitgreaves NF
- Yahoo Trail*, 0.1, Apache-Sitgreaves NF
- Lookout Meadow Loop*, 1.3, Apache-Sitgreaves NF
- High Road Trail*, 0.4, Apache-Sitgreaves NF
- Sidewinder Trail*, 0.9, Apache-Sitgreaves NF

The State Trails System Vision Statement: *Arizona's State Trails System is [an] invaluable resource, offering a diversity of quality nonmotorized trails that inspire people to experience the State's magnificent outdoor environment and cultural history.*

Please call ahead to find out the latest information about the State Parks by calling (602) 542-4174 (outside of the Phoenix metro area call toll-free (800) 285-3703) or visit AZStateParks.com. Follow us on twitter.com/AZStateParks.



Padraic Ryan

Camp Cooking Utensil Checklist

By Kim Eldredge

I [Kim at eat.stay.play.com] wanted to share with you my checklist for camping cooking utensils. I'm not covering what I recommend you take for food, but what I recommend that you take for supplies.

Like all checklists, this isn't the be-all, end-all list. You need to be sure to bring

the items that make YOUR life easier. And, by the same token, you can leave things at home that you never use.

The best way to use a checklist is to print it out and not only use it, but take it WITH you. Then, when you think of something that you wish you had, you can put it on the list right away. When you get home, evaluate what you took and decide if each item has its place.

I am not a huge fan of made-for-camping utensils. I prefer to use regular kitchen gadgets. Of course, when the Eat-Stay-Play.com "Royal" family camps, we take a huge RV so space isn't much of an issue. If I'm car or tent camping, then I do think about what can do double duty.

Don't skimp on the can opener — get a quality one.

If you're planning on using paper plates and bowls, and plastic eating utensils be sure to bring ENOUGH. I went on a camping trip with a friend who counted exactly how many meals we would eat and then only brought that many plastic forks. The problem was that no COOKING forks were brought. Needless to say we were out of forks about three meals early and had to go to town for more!

Plastic, washable plates and metal silverware is a plus since they hold up better and you can wash them if you run out. Of course, then you have to wash them!

I always recommend setting up a big plastic container with a snap-on lid for your kitchen supplies. It keeps everything clean and together. If at all possible, I recommend having this kitchen kit separate from your house's kitchen. That means that you're not robbing your kitchen drawers for a can opener; there's a camping can opener that just stays in the kit.

The Queen Mother did this with her RV kitchen over the course of several years. During that time, she refined what camp cooking tools and utensils she wanted AND she didn't break the bank as she acquired them!

We have a set that never leaves the RV. Big spoon for stirring and or serving (you might want more than one!)

• Bottle opener

- Bottled water — both individual bottles and large jugs of potable water for cooking
- Bowls (eating and mixing)
- Can opener
- Clothes pins (for closing bags of chips, holding down tablecloths, etc)
- Coffee supplies (pot, filters, cups) and/or a tea kettle
- Cold-drink cups
- Collapsible dish drain
- Containers for food storage that have lids

- Corkscrew
- Cutting board
- Cutting knife for food prep
- Cutting knives for eating (like steak knives)

- Dish pan
- Dish rags and towels
- Dish soap
- Forks, spoons, and knives
- Heavy duty aluminum foil
- Ice chests
- Large pot with a lid
- Measuring cups
- Measuring spoons
- Mugs
- Napkins
- Paper plates / cups (we always bring both paper and plastic plates and cups)
- Paper towels
- Plastic silverware
- Plastic tablecloth
- Potato peeler
- Pot holders
- Scrub pad
- Skillet
- Small pot with a lid
- Strike-anywhere matches
- Tea kettle
- Thermos (so you can take the coffee with you!)
- Tongs (plastic tips can melt!)
- Trash bags
- Utility lighter
- Ziplock bags in a variety of sizes

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- Utility lighter
- Ziplock bags in a variety of sizes

I know this is a pretty big list. But, let me explain a few of my choices:

A big pot with a lid AND a smaller pot with a lid — there's nothing worse than boiling water to wash dishes and not having enough hot water at a time. I recommend a BIG pot with a lid so you can heat quite a bit of water. Just remember, it will take longer to heat the water than it does at home!

The smaller pot is for cooking. If you can, get pots with two stubby handles on each side rather than one long handle. That way, they can nest inside of each other and save space!

See CHECKLIST on page 17

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DOWNSTREAM™ Events Calendar Beginning Mid-June 2010

BEYOND ARIZONA

LONG BEACH TO CABO SAN LUCAS INTERNATIONAL YACHT RACE: Oct. 23-24 — Following the Campbell Cup, LBYC will start its race to Cabo on Nov. 5.

INTERNATIONAL YELLOWTAIL DERBY 2010: Sept. 4-26 — San Diego; johncinsd@cox.net

BOATING

2010 POWERBOATS REGATTA: June 18-19 — Lake Havasu City; host hotel: The Nautical Beachfront Resort; (928) 855-2141

NAPA WORLD FINALS DRAG BOAT EVENT: Nov. 5-7 — Firebird Raceway; (505) 869-0005

BOATING ACCESS AWARD NOMINATION DEADLINE: Oct. 1 — www.BoatUS.com/gov/Access/Award

U.S.C.G. AUXILIARY 2010 NATIONAL CONFERENCE (NACON): Aug. 24 — Marriott Camelback Inn, Scottsdale; Tom Nunes: (602) 617-1979, tomnunes1@gmail.com, <http://www.news.auxpa.org/>

AZ YACHT CLUB MEETINGS: Second Tuesday of every month 7 p.m. — 19th Tee, Rolling Hills Golf Course, 1415 N. Mill Ave., Tempe; www.arizonayachtclub.org

US SAILING/ RED CROSS ONLINE TRAINING: Ongoing — To make it easier for prospective US SAILING-certified instructors to fulfill course requirements for CPR and First Aid certification, US SAILING teams up with the American Red Cross to provide an online training program. Participants can sign up by visiting www.ussailing.org/training and clicking on the Red Cross Online Training button (towards the bottom of the page).

SAFETY TIPS FOR BOATERS: Ongoing — Visit <http://www.BoatUS.com/news/releases.asp> before you go.

CAMPING/RVING/ AZ OUTDOOR ACTIVITIES

For more information on camping, RVing, outdoor activities, see "Land Cruising" in each issue of AZBW/WOT.

PROTECT-A-PARK: Ongoing — Boaters, anglers, divers needed to adopt Lake Pleasant's shoreline areas and coves for regular litter removal in 2009; (602) 372-7460, ext. 200

CHECK FIRE RESTRICTIONS BEFORE YOU GO: Summer — www.pub-liclands.org/firenews/AZ.php

CLASSES/SEMINARS

AZGFD, CG AUXILIARY, PHOENIX POWER SQUADRON BOATING CLASSES: Ongoing

COMMUNITY

LAST CALL TO HELP AZ HIGH SCHOOL BAND GET TO THE CALGARY STAMPEDE: Now! — Sandra Day O'Connor High School Band is the only Arizona high school band invited to perform at the 2010 Calgary Stampede; the 70 members need help meeting their financial obligation to travel to our sister city: Calgary. Any contribution that you can make (\$10, \$25, \$50) will help and your contribution is tax deductible. To make a contribution, please contact P.J. Conover at (602) 534-7357 or visit www.phoenixsistercities.org.

SOUTHWEST AMBULANCE ARIZONA CELEBRATION OF FREEDOM: July 2, 3 — presented by KOOL-FM; a celebration of America's freedom and independence culminating in a pyrotechnic show and Salute to America; www.azcelebrationoffreedom.org.

MICHIGAN PROFESSOR ON SAB-BATICAL: Jan.-Aug. 2010 — Needs a room to rent while she does research at either ASU or U. of A. Contact editor@azbw.com or call (480) 947-6219.

HOMELESS PROGRAM NEEDS: Ongoing — new underwear, socks, sun screen, razors, feminine hygiene products, hats and backpacks; e-mail I-Help for more details: ihelp@tempeaction.org.

NO-KILL SHELTER NEEDS HELP: <http://animalsbenefitclub.com/index2.html>

RAISING MONEY FOR ANIMALS: Ongoing — Heather L. James-Davis; www.azanimalassistance.com

FORT TUTHILL CELEBRATIONS: July 5, Sept. 18, 19 — Fort Tuthill City Park; contact Jim: (602) 944-0359 or Lon: (928) 284-1535

2010 MONSOON MADNESS: July 10 — Queen Creek Founders' Park, (22407 S. Ellsworth Rd.); activities include inflat-

able bouncy water slides, a dunk tank, a kids' workshop area, the signature "Queen Creek Mud Pit," co-recreational softball tournament, food, free admission, activities have a nominal fee, 9 a.m.-1 p.m., (480) 358-3715 or www.queencreek.org

FISHING

For more information on fishing, please see "Tight Lines" in each issue of AZBW/WOT.

ARIZONA FLYCASTERS CLUB MEETINGS: Second Thursday of every month at 7 p.m. — Sunnyslope Community Center; <http://www.azflycasters.org>

SRT BASS PHOENIX CHAPTER MEETINGS: Ongoing — Shake, Rattle & Troll BASS Club; volunteers needed; new members (boaters and non-boaters), families, children, friends are welcome; (623) 221-7655

HUNTING

For more information on hunting, please see "Game Bag: Write On Target" in each issue of AZBW/WOT.

NATIONAL HUNTING AND FISHING DAY: Sept. 25 — Wonders of Wildlife, Springfield, Mo.; www.nhfd.org

SHOWS/EXPOS

ICAST 2010: July 14-16 — Las Vegas Convention Center; www.ICASTfishing.org

WATERSPORTS

Diving:
SAGUARO DIVING & SPORTS: Ongoing — Learn to Scuba Dive, Open Water Certification Dives, Private Class & Pool, Private Lake Open Water Certification Dives, San Carlos, Mexico; Lake Pleasant, and more: Saguaro Diving & Sports, 908 E. Impala Ave., Mesa, AZ 85204; (480) 507-3988 or sales@saguarosports.com

Frozen Watersports:
SUMMER CURLING LEAGUE: Contact theskip@coyotescurling.com for details.

Swimming:
FLORENCE FREEDOM FEST: July 4 — Florence Pool & Heritage Park, (600 N. Main St.), family day events, horseshoe tournament, Florence "Fiery Salsa" challenge, red, white and blue family parade, pool activities, entertainment, vendors and

fireworks show, 520-868-7589 or www.visitflorenceaz.com/ or www.florencemainstreet.com

15TH ANNUAL HOLUALOA FIRE-CRACKER TRIATHLON: July 4 — Tucson; 750 meter pool swim, 12 mile bike ride around the UA area, 3 mile run through UA campus, includes a Youth Triathlon with a 250 meter swim, a 4 mile bike and a 1 mile run, 5:45 am, www.tritucson.com

26TH ANNUAL MOUNTAIN MAN TRIATHLON: July 18 — Flagstaff, Lake Mary, Sprint: swim 700 meters, bike 10.6 miles, run 3.1 miles; Olympic: swim 1500 meters, bike 24.9 miles, run 6.2 miles, spectators free, 6:30 am, 928-526-8761 or www.trifund.net or www.mountainman-events.com

ANNUAL PIONEER DAY CELEBRATION: July 23-24 — Snowflake; arts & crafts fair, parade, BBQ, rodeo, dances, kid's entertainment, theatrical performance, pioneer day run, softball league tournament, free swimming, fireworks display, Sweet Wheels Car Show & Swap meet on the 24th from 8 a.m.-2 p.m.; (928) 536-4331 or www.snowflake.taylororchamber.org or www.cruiseinaz.com/carshows.html

WILDLIFE-RELATED

BUY A TICKET TO SUPPORT WILDLIFE: By July 9 or 11 — Arizona Big Game Super Raffle; \$5 to \$25; drawing July 15: www.arizonabiggamesuper-affle.com.

19TH ANNUAL SOUTHWEST WINGS BIRDING & NATURE FESTIVAL: Aug. 4-8 — Sierra Vista; Knights of Columbus Hall, self-guided and guided tours, field trips, seminars, vendors, silent auction, displays, lectures, bat stalks, owl prowls, displays, arts & crafts, Pete Dunn is featured speaker, \$15 for adults, free for children with parents or grandparents, 520-678-8237 or <http://www.swwings.org>

Editor's Note: Please submit announcements for AZBW/WOT's calendar of events — "Downstream" — to editor@azbw.com. To guarantee placement, as room allows, items must be received by the 15th of the month prior to publication. Every effort is made to ensure accuracy, but we assume no responsibility for print errors or omissions. We also reserve the right to edit each item. Please include the name of the event, the date and time, the location, the organization, and a contact number and/or e-mail address

New Video: A Look At The Gulf Oil Spill Through The Eyes Of A Sportfisherman

Dear Friends:

I want to share with you a just-released, 9-minute video report from popular TV fishing show host Wade Middleton and BoatUS' Chris Edmonston, who traveled to the Gulf region in May to report on the Deepwater

Horizon oil spill. The trip's goal was to document the spill's impact, and do some fishing with Billy Nicholas from the Venice Fishing Lodge. The video is located here: <http://www.youtube.com/user/Carecotv-p/a/u/0/ect1KlbtR7c>
I think you will find Middleton's report-

ing, which is from the sport fisherman's perspective, informative and heart felt. Edmonston offers some great tips for boaters on how to deal with the spill.

As a reminder, www.BoatUS.com/oilspill includes the latest information from government resources, a NOAA Oil Spill Trajectory

Map and a unique BoatUS Observation Map that posts reports from boaters on their local areas.

Kindest,
Scott Croft
BoatUS Public Relations
SCroft@BoatUS.com

Happy Father's Day
June 20



Happy Canada Day
July 1



Happy Independence Day
July 4



Legal Requirements Of Boating: Alcohol and Drugs

Arizona law prohibits anyone from operating a motor-powered vessel while under the influence of alcohol or any drug that causes the person to be even slightly impaired.

Alcohol and drugs cause impaired balance, blurred vision, poor coordination, impaired judgment, and slower reaction times. Alcohol contributes to about one-third of all fatal boating accidents nationwide.

Arizona passed an operating under the influence (OUI) bill that mirrors the state's vehicular driving under the influence (DUI) laws and penalties. Effective Jan. 1, 2009, the OUI law is as follows:

A person is considered to be operating under the influence of alcohol if he or she has blood alcohol concentration (BAC) of 0.08% but less than 0.15% as determined by a test of his or her breath, blood, or urine. "Extreme OUI" is a BAC of 0.15%

but less than 0.20%, and "Super Extreme OUI" is a BAC of 0.20% and higher.

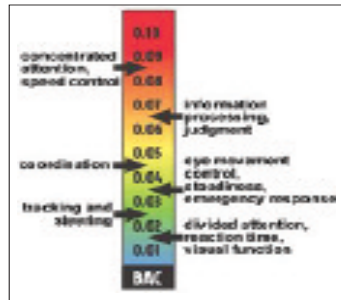
If convicted of "OUI," a person can be fined up to \$1,450 and jailed up to 10 days. If convicted of "Extreme OUI," a person can be fined up to \$2,700 and jailed up to 30 days.

If convicted of "Super Extreme OUI," a person can be fined up to \$3,150 and jailed up to 45 days.

Subsequent convictions and if convicted of "Aggravated OUI," persons are subject to even more severe penalties.

By operating a vessel on Arizona waters, you have consented to be tested for alcohol or drugs if arrested by a law enforcement officer for alleged violations under Arizona Watercraft Statutes.

The best thing you can do for your safety and the safety of your passengers and other boaters is simple: **Don't drink and boat!**



BAC — Because you can drink faster than your system can burn off the alcohol, there is an increasing level of alcohol in your blood. This level is referred to as Blood Alcohol Concentration (BAC).

2010 NWSC AWARD WINNERS

Arizona Boating & Watersports Among Those Honored

The 2010 National Water Safety Congress Awards Luncheon was held at the International Boating & Water Safety Summit in Daytona Beach, Florida. The Regional Awards were presented at the closing awards banquet.

Ed Huntsman of the Arizona Game & Fish Department is vice president of Region Five and interim vice president of Region

Six. Huntsman has announced the following:

Region Five:

Ed Huntsman, Vice President

Awards of Merit:

Jim and Carol Allen, Arizona Boating and Watersports Magazine
Forever Resorts
Ed Swift, Drowning Prevention Coalition of Arizona

Region Six:

Ed Huntsman, Interim Vice President

Awards of Merit:

Ryan Lott, Montana Fish, Wildlife & Parks

Brad Tribby, Montana Fish, Wildlife & Parks

Mike Gladhart, Clearwater County Sheriff's Office

Letters of Commendation:

Larry Cox, USCG Aux. Flotilla 54

Leroy Bentley, Oregon State Marine Board

St. Louis District Water Safety Team, USACE

EVEN THOUGH THIS KILLER IS SILENT

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To find out more about making boating safer — including how you can prevent carbon monoxide poisoning on recreational boats, take a boating education class online at www.azgfd.gov/boating and — contact the following:

Lake Pleasant Regional Park

41835 N. Castle Hot Springs Road
Morristown, AZ 85342
www.maricopa.gov/parks/lake_pleasant
(602) 372-7460 ext. 200

Arizona Game and Fish Department

5000 W. Carefree Highway
Phoenix, AZ 85086

www.azgfd.gov/boating
(602) 942-3000

National Marine Manufacturers Association

200 East Randolph Drive, Suite 5100
Chicago, IL 60601-6528
www.nmma.org
(312) 946-6200

United States Coast Guard

Office of Boating Safety
CG Headquarters (G-OPB-3)
2100 Second Street SW
Washington, DC 20593

www.uscgboating.org
(202) 267-0984

American Boat & Yacht Council, Inc.

3069 Solomon's Island Road
Edgewater, MD 21037-1416
www.abyc.com
(410) 956-1050

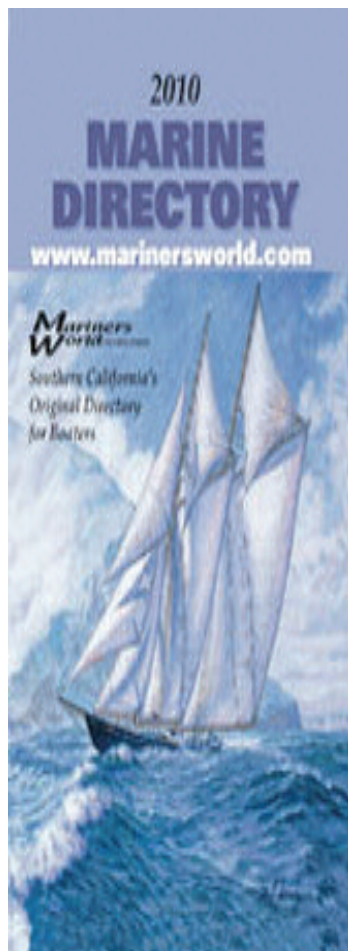
U.S. Department of the Interior

Office of Managing Risk and Public Safety
755 Parfet Street, Suite 364
Lakewood, CO 80215
safetynet.smis.doi.gov/cohouseboats.htm
(303) 236-7130

Renew Online

Renew your vessel registration online at www.azgfd.gov/watercraft. There you will find links to renew your registration online, boating fees, rules and regulations, forms, and facts (FAQs).

For questions you can call (602) 940-3000.



Before You Get Underway: Trailering Your Vessel

Choose the Right Trailer And Vehicle To Tow Your Vessel

The trailer and towing vehicle should be designed to fit your vessel.

Use the size of your vessel to determine the dimensions of the trailer needed. Today, most trailerable boats are sold as a package with a trailer of the appropriate size.

Look at the load capacity of the trailer stated by the trailer's manufacturer. If the combined weight of your vessel and its engine is more than 90% of the recommended load capacity, buy the next larger trailer. This is because your gear (fuel, life jackets, anchors, lines, etc.) will increase the overall weight by at least 10%.

Check the owner's manual of your towing vehicle to ensure that your vehicle is rated to tow the combined weight of your vessel, engine, and trailer.

The towing hitch must be appropriate for the loaded trailer.

The coupler—The part of the trailer that attaches to the ball hitch on a towing vehicle on a trailer connects to a ball hitch on the towing vehicle. A frame-mounted hitch on the towing vehicle is better than a bumper-mounted hitch. If you are using a bumper-mounted hitch, do not exceed the weight rating of the bumper.

Make sure the size stamped on the ball hitch on the towing vehicle is the same size that is stamped on the trailer's coupler. If the ball hitch is too small, a bump in the road could cause the coupler to lift off the hitch.

"Tongue weight" is the amount of the loaded trailer's weight that presses down on the towing hitch. The tongue weight should be about 10% of the combined weight of the vessel and trailer ("gross trailer weight" or GTW). If the tongue weight is too light, the trailer will tend to swing from side-to-side (or "fishtail"). If the tongue weight is too heavy, the rear wheels of the towing vehicle will be weighted down, making it difficult to steer.

Two strong safety chains should be crisscrossed to support the trailer's coupler if it becomes disconnected from the towing vehicle. The chains should be strong enough to hold the combined weight of the vessel, engine, and trailer.

It is very important to have proper lighting on trailers, including turn signals and tail and brake lights. Also make sure you have a jack that fits properly under the trailer—most car jacks are too large to fit under a trailer.

Before Leaving Home
Secure the vessel on the trailer and the gear within the vessel.

Secure all gear in the vessel firmly to keep it from shifting. Arrange the gear so that its weight is balanced side-to-side and

front-to-back.

Secure the vessel to the trailer with several tie-down straps and/or safety lines to prevent the vessel from shifting. Use extra tie-down straps in case one fails. Never trust the bow winch alone to hold your vessel onto the trailer.

Put the engine or drive unit in the raised position and secure it.

Attach the safety chains between the trailer and the towing vehicle, crisscrossing them under the trailer tongue.

Inspect and maintain trailering equipment.

Check the pressure of all tires on the towing vehicle and the trailer. Make sure you have a spare tire in good condition for both the vehicle and the trailer.

Tighten the lug nuts/bolts on the wheels of both the towing vehicle and the trailer, and grease wheel bearings.

Make sure that all lights and brakes on the towing vehicle and the trailer work properly.

Examine tie-down straps, lines, winch, safety chains, and hitch for signs of wear. Replace or adjust as necessary.

Crisscross the safety chains under the trailer's coupler when attaching them to the towing vehicle.

Tighten lug nuts on trailer wheels before departing.

Note: This is continued on www.azbw.com, where you can find the complete article.

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Good Company



At 120 degrees in Australia in January 2009, it was so hot for a week that koalas were asking people for water. This had never been seen before.

One went to a house to try to hide from the heat and get a bit of shade; here's what happened when the owner gave him something to drink.



"Until one has loved an animal, part of his or her soul remains unawakened."



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Meet Harlee and Elli, two purebred female labs that are nine years old and have been left behind by their family. I took them in, but now need a place to put them. Lucky Dog Rescue will assume total financial responsibilities over these dogs and will cover any medical now and in the future. These are sweet dogs, that get along great with other dogs, kids, anyone really. I will put them into our boarding facility for now — but that is no place for them long term. They need a family and a yard to run around in. Please contact me if you can help.

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Executive Director, Lucky Dog Rescue

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GENERATION

Continued from page 10

game tags, and there is no cost to Arizona taxpayers for this grant program. The Arizona Game and Fish Department does not receive any of the state's general funds, and operates under a user-pay, user-benefit model through the products and services. To learn more, visit www.azgfd.gov.

ICAST

Continued from page 9

Search For Products Before The Show

Find up-to-date information about the American Sportfishing Association's member companies by using the online *ICAST Buyers' Guide*. From apparel to waders and everything in between, the online *Buyers' Guide* has more than 25 product categories, making it easy to target the information you're seeking.

FIDGETS

Continued from page 9

lake, local anglers often use chest waders to fish for both bass and catfish. One local angler said the secret for catfish is using fireballs alternated with corn on the hook and small slip sinkers fished on the bottom.

By the way, there is a free campground at Canyon de Chelly National Monument about an hour north of Ganado. It's spectacular.

The lake at Many Farms (13 miles north of Chinle) is also okay for bass and great for catfish. It's really turbid right now, so spinnerbaits might work well for bass. It's dirt launching, so 4-wheel drive is recommended, or better yet, use canoes, kayaks or inflatables.

The upcoming fishing guide book *Game and Fish* is collaborating on with *Arizona Highways* will have more about all the Indian fishing waters in it. We're trying our best to get it ready for publication sometime this fall.

As the Navajos would say, "Go fish in beauty."

TRANSITION

Continued from page 8

little feeding is occurring. Striper schools are more likely to move away from boat noise or high traffic areas. This uncharacteristic shyness makes them hard to find and catch. Cut bait is the best technique now and will remain so until the spawning event concludes.

Stripers have been caught on bait at Glen Canyon Dam, Navajo Canyon (second point beyond double islands), Padre Bay (east wall), and Moki wall near Bullfrog.

Fishing is inconsistent at all of these locations. Fish will be there one day and gone the next. Try a spot and then return

later for another try until fish are located.

Best To Be A Generalist

The best part is that there are so many opportunities to catch one species or another that most trips will be successful. It is wise to be a generalist under these conditions and fish for any target of opportunity.

One strategy would be to try for walleye and stripers at dawn and dusk. Then switch to bass in morning and afternoon. Little smallmouth will be catchable all day long on small sized main channel rock slides, which would be a good chance to teach children how to catch fish.

At press time, lake elevation was 3,626 and water temperature was 67-72F.

SPORTSMAN

Continued from page 10

of its outdoor heritage — and that the NHF Day story deserves to be told year-round. We're better able to do that because of Sportsman Channel."

USA Shooting Team Chairs

The entire USA Shooting Team is serving as honorary chair for NHF Day 2010. With 103 Olympic medals for rifle, pistol and shotgun marksmanship, the U.S. excels in few sports more than shooting. Only track and field, swimming, diving, wrestling and boxing have been more prolific medal producers for

Americans.

In fact, shooting ranks ahead of gymnastics, figure skating, volleyball and more than 30 other Olympic sports. Most members of the current USA Shooting Team are active hunters and anglers, blending a passion for the outdoors with winning on the world stage.

The growing list of sponsors for NHF Day 2010 includes Wonders of Wildlife, NSSF, Bass Pro Shops, Smith & Wesson, Sportsman Channel, Realtree, Cabela's, GunBroker.com, Yamaha, Pope and Young Club and Izaak Walton League of America.

For more information about NHF Day, visit www.nhfd.org.

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PARASAILING

Continued from page 1

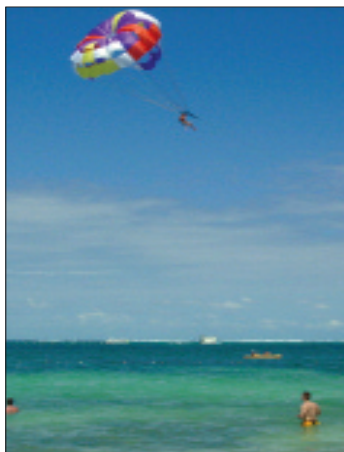
the chute on both sides; the signal is then given to "hit the accelerator." The parasailor does not run towards the boat but instead resists the forward aerodynamic pull in a tug-of-war to keep the line taut and maintain balance. After a few steps, lift-off occurs.

Parasailors ascend and descend from a small platform at the stern of the boat. Once aloft, flyers get comfortable in the harness by sitting down in it. Altitude is controlled by boat speed. The length of the towrope varies and is based on individual preference.

A common length is 300 feet, which gives a maximum altitude of about 225 feet. Some super-gung-ho parasailing enthusiasts have been known to go 1,000 feet high over water.

With care, the boat can turn and travel with the wind; however, boat speed must be increased to maintain the relative wind speed of the parasailor. Whatever the speed, the parasailor gets a magnificent view of the shore and surrounding area for miles around. The beautiful multi-colored silk parasail always attracts attention from people on the ground. The word is overused, but this truly is, a "surreal" experience.

For the wary, there are harnesses that allow people to parasail in pairs, either side by side or one in front of the other. Children often enjoy parasailing in tandem.



My First Flight

On a delightfully warm summer day, I found myself airborne by design, having been launched into the void over Lake Havasu behind an outboard with a 200 horsepower engine in the name of fun and an adrenaline rush. I had a swatch of silk flying over my head, connected to me by a tangle of paper-thin lines, while unruly breezes buffeted my body through the air.

My first flight was alternately horrifying and inspiring. I hadn't been in charge, my boat driver told me afterwards; the winds had been in charge of me. No kid-

ding. I could have told him that when the first unrequested thermal flung me skyward, and I realized then and there I was where humans, anatomically speaking, shouldn't be.

In a short 60 seconds, I learned that parasailing, just like downhill ski racing, demands full concentration and total commitment. Also like downhill skiing, the ride seems too short only after it's over; by then, the fear has faded enough that you're more than eager to go back up.

One concept crucial to parasailing is remembering that speed equals safety. Parasails are meant to fly, not float. Stalling destroys the delicate relationship that exists between the air and the shape of the wing that allows flight. In trying to stay airborne, one must dance on the winds and chase the currents. Parasailing is not parachuting.

But, in August of 2009, being at the mercy of the winds was something new to me, so unnerving that at first I fought their bullying influence tooth and nail. But, that was missing the point.

A great parasailing flight means achieving a state of grace — not by fighting wind conditions, but by working with them. When I finally stopped resisting, I learned that the winds were not such bullies after all, and that the air was actually calmer than I had originally thought: "The Zen of Parasailing."

Where To Parasail

In addition to Lake Havasu, try all along the Colorado River in the Parker, Ariz., area. Also consider heading for

Lakes Mead and Powell. Lake Pleasant, located near Peoria, 45 minutes from downtown Phoenix, covers 10,000 surface acres.

Its water comes from the Central Arizona Project Canal and the Aqua Fria River. Rocky Point (Puerto Penasco), Mexico, on the very northern tip of the Sea of Cortez, just south of Yuma, is Arizona's closest ocean-like beach. Parasailing is very big here.

Who Parasails?

The sport is status blind. Devotees include bankers, grocers, house painters, landscape painters, architects, dentists, jewelers, lawyers, trash collectors and professors. For all parasailing enthusiasts, the pleasant thought of soaring gracefully over water takes one's mind off such unpleasant matters as a tax audit, a root canal, unpaid bills and terrorist attacks.

In the beginning, mankind could fly no better than rocks. People endured that seemingly unalterable characteristic for eons, even as they dreamed of sprouting wings and taking off.

But, along came the 20th century and a relatively simple arrangement of cloth and cable — plus a dash of daring — allows most anyone to soar high over water like a bird, like a plane, like . . . ? Those who have tried parasailing unanimously endorse the activity as the greatest high around. I certainly do.

If you haven't yet tried parasailing, I certainly urge you to do so. As an old beer commercial used to proclaim: "You only go around once."

CHECKLIST

Continued from page 12

The Queen Mother LOVES her coffee-maker!

Coffee pot AND a tea kettle — if you are serious about coffee, then I recommend this coffee maker from Coleman. It sits on a propane stove and does a fantastic job!



If you're like me though, I don't want my water for tea or hot chocolate tasting like coffee so I bring a separate tea kettle.

That tea kettle can also be used to heat water for washing up.

Strike-anywhere matches AND a utility fire lighter — if matches get wet, you're stuck. The utility lighter can get damp and still work. By the same token, a utility lighter can run out of fuel and matches can't. The other reason I recommend both is the reach of the lighter is farther. My camp stove doesn't have a self-ignition so I have to turn on the gas and then light it. I prefer NOT to do that

with a match since I have singed my fingers before!

Plastic silverware AND real silverware — have you ever tried to eat steak with a plastic fork and knife? I bring both types since plastic is perfect for snacks and real flatware is better for meals.

Paper plates AND plastic plates — same reasoning as the silverware. Paper is perfect for snacks but I prefer a real plate when I'm eating a meal. Now, when I say plastic, I don't mean plastic disposable, but plastic washable.

If you're going to use disposable, be sure to bring enough!

Some other things I like to take:

- Colander (if you're making pasta, this is a must!)
- Griddle (pancakes just taste better when cooked outside)
- Basting brush (we were making shrimp on the barbeque and had to make a basting brush out of pine needles!)
- Fish basket
- Marshmallow roasting forks



CHALLENGE

Continued from page 7

lake bottom and can easily fall into the crevices between rocks and become trapped. If you reel in quickly and steadily, the weights and bait will rise above the lake bottom and minimize the chances to get snagged.

Tip #2:

Okay, it happened: your line is caught in something under the water and you want your tackle back! The first thing is to reel in any slack so your line is tight, but your pole isn't bending.

Then, walk up the shore, keeping the tension on your line, while you jerk your line up and down. (When I say "jerk," I mean using abrupt motions; I don't mean trying to rip your tackle out of the water!)

If that doesn't work, try releasing the line and then reeling in again. And, the last part of the tip: With the line tight, hold your rod parallel to the ground and gently pull backwards. As soon as you feel the rocky lake bottom give up your tackle, follow Tip #1!

Tip #3:

There's no avoiding it: You're going to

lose your bait and all your tackle; you just can't get it unstuck.

Well, believe it or not, there's a right way to break your line. Instead of jerking and pulling on your line until it snaps, you're going to have to cut it.

First, release the line and set your pole up on the shore where you're not going to step on the tip. (I like to prop my pole against my chair — way out of the way and safe.)

Then, get as close to the water as you can, bend down and grab your line. (If you squat or kneel at the edge of the water, you're less likely to fall in!)

Reaching out, pull your line towards you and, as close to the water as possible, cut the line. Be sure to check your line for fraying and signs of stress before putting any more tackle on.

Some great cutting tools are a pair of fingernail clippers, a pocket knife with scissors, or needle-nose pliers.

Oh, you might also want to consider moving to a new bit of shore — if there's a tackle-eating-snag down there, it will be after your new tackle for dessert to the first set it ate!

RATTLESNAKES

Continued from page 7

oversized snake-eating river bass before returning her back into the river depths.

I admit, my curiosity might have gotten the best of me on this one. However, I just couldn't help it.

In the end: It was just another kayak fishing adventure on the John Day River in Eastern Oregon.

SAFE BOATING

Continued from page 1

12. Marine-sanitation device
13. Navigation rules
14. State and local requirements
15. Overall Boat Condition
- Deck clean of hazards and clean bilge
- Electrical and fuel systems
- Fuel systems-portable fuel tank
- Galley and heating system

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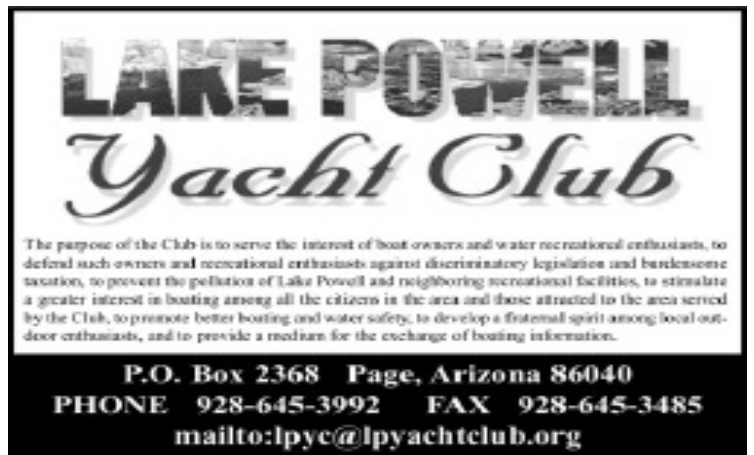
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LOST

Continued from page 2

proximately 20 square miles would be established. Each additional hour that has passed would dramatically extend the borders of this search area.

This is a simplistic description of a very complicated search tool but the lesson should be obvious. The larger the geographical area, the less likely a lost individual will be found.

Stay Put

The first thing we should do if we want to be found is *stay put*. Now there are many reasons that moving would be necessary. As we learn more about the remaining principles of survival logic will teach us when moving is a good and safe choice. In a nutshell, the only time we should move is if any of the five principles will be compromised by staying still.

Search and Rescue does two things once a search area is established: "contain," "hasty search" and insert at the point last seen or known.

A hasty search is a technique that allows quick evidence and information gathering. The strongest, quickest, most-experienced rescuers saturate trails, washes and "points of interest."

A "man tracker" or trackers will also be kicked into the field as a part of this hasty team. The goal is to establish direction of travel, condition of individual via imprints and evidence that would bring success to the search — all in an effort to reduce the search area or to rapidly and, in many cases, locate the lost individual.

Insertion of team members via helicopter, ATV or 4x4 quickly and effectively puts us into the center of a search area and closest to the point the lost person was last seen or known.

If an outdoors woman or man has not moved on, the rescue is over within hours of its page out.

Use Your Head

So, to repeat: The first thing we need to do when we find ourselves lost is stop and think with the brain that God gave you. Consider all the principles of survival before you choose your next action. Move only if any of those principles are compromised.

Hopefully you have practiced the first principle of survival and come prepared with redundant fire starter, water, shelter, etc. Use as little effort as necessary to make your location easy to spot from air or ground.

An example would be to tie a space blanket in the top of a tall bush if it is not needed for other survival reasons. Start a fire — in a safe place to avoid its going out of control — to both be seen and as a companion.

The universal sign of trouble is three; make three piles of rocks or branches in an open area or make a large arrow pointing to a place you may need to be to stay safe from the elements.

I cannot express how important it is to protect and use your brain. It is your best tool for survival. If you are in a vehicle, stay with that vehicle; it is easier to spot from the air.

Tell loved ones when and where you are going and when you will be out. Take some kind of communication with you: cell phone, radio, whistle, etc. Make sure you pre-hydrate and have a good meal. Each activity is unique so each preparation is also unique.

Bottom line: Preparing allows an individual the time to stay alive long enough for search teams to find him or her. When people sit still, we find them — in most cases, in hours.

Practice preparation for all your activities and if that activity turns bad on you, sit tight, use your thinker — thinking of things other than, "I wish I would have."

We'll be there shortly.



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